

Table of Contents

Vowels		Sound changes	
Uh sound	7	Flap	87
ā sound	10	Glottal stop	91
a sound	13	Reductions	
ah sound	16	of 'h'	93
ē sound	19	of 'of'	95
e sound	22	of and/or/for	98
ī sound	25	of you	99
i sound	28	Common phrases	101
ō sound	31	Word endings	
oo sound	34	ed	104
ow sound	37	s	108
u sound	40	Ellipsis	111
oy sound	43	Contractions	
aw sound	46	will	113
er sound	49	'to be'	115
Consonants		modals	119
b/p	53	Negatives	121
d/t	56	Can/can't	123
g/k	59	Syllable stress	126
l/r	62	Linking	129
f/v	65	Intonation	133
m/n	58	Appendix	147
ch/j	71		
th/<u>th</u>	74		
s/z	77		
sh/zh	80		
h,q,w,x,y	83		